

# Green-Family Course Outline

**Class 1: Introduction.....1**

Objectives: Students will recognize diverse family structures.

Students will identify activities they enjoy doing with family.

Students will identify something about their family that makes them feel happy.

**Class 2: Family Feelings.....11**

Objectives: Students will identify anger and sadness as typical feelings experienced within a family.

Students will identify appropriate ways of responding to anger and sadness.

Students will identify inappropriate or abusive ways of responding to anger and sadness.

**Class 3: Family Responsibilities.....24**

Objectives: Students will identify their responsibilities at home.

Students will recognize other people's responsibilities within the family.

**Class 4: Family Boundaries.....35**

Objectives: Students will identify touches that are appropriate between family members.

Students will identify touches that are inappropriate or abusive between family members.

**Class 5: Review.....45**

Objectives: Students will review common feelings experienced within a family.

Students will review touches that are appropriate and inappropriate within a family.