

## SEEDS SERVICES

### 1 Individual and Group Education

Sessions are provided individually or in small groups to address immediate concerns. Consultations are offered at our office or within the community.

### 2 Public Speaking and Outreach

Workshops and lectures are available to organizations that want to learn more about people with disabilities. We want to facilitate community integration, foster support.

### 3 Parties and Socialization Activities

Events are organized to assist students in building relationships and to practice newly acquired skills.

## SEEDS CURRICULA

The following safety curricula are available to teach people with disabilities in these areas:

### 1 Friendship/Relationship Skills

### 2 Abuse Awareness and Prevention

### 3 Hygiene

### 4 Sexuality

### 5 Fire Safety

“ We...need to be seen **not**  
as a disability,  
**but** as a **PERSON**  
who has, and will  
continue to **BLOOM.** ”

Robert M. Hensel



## MISSION STATEMENT

SEEDS Educational Services, Inc. (SEEDS) assists exceptional learners to build meaningful and safe relationships and to relate effectively with others in their community.



## DONATIONS AND GIVING

SEEDS Educational Services is a not for profit organization funded in part by federal and state grants. Due to the current economic crisis, the gap between funding and our actual costs is growing rapidly. We need your help to close this funding gap. To provide and expand services to people with developmental disabilities, we are in need of volunteers, party goods and supplies, prizes, or monetary donations.

If you would like to help out, please contact our office or visit:

[www.seedseducation.org](http://www.seedseducation.org)



The SEEDS staff is comprised of dedicated individuals and volunteers whose contributions are critical to our success.

CALL (619) 299-3161

# CLASSES

SEEDS Educational Services offers day and evening classes throughout San Diego County to people with developmental disabilities. Classes focus on:

- 1 Abuse Awareness and Prevention
- 2 Boundaries
- 3 Socialization
- 4 Sexuality
- 5 Fire Safety



These classes offer a safe environment for students to learn, ask questions and practice new skills. Programs and services are provided in a variety of community settings and at our Old Town office.



# OUR AFFILIATES

## PARENT ORGANIZATIONS

- PASS
- SELPA

## FIRE SAFETY ORGANIZATIONS

- Homeland Security
- Home Safety Council
- Oklahoma State University
- San Diego Police and Sheriff

## INTERNATIONAL AND NATIONAL CONFERENCES ON DISABILITIES

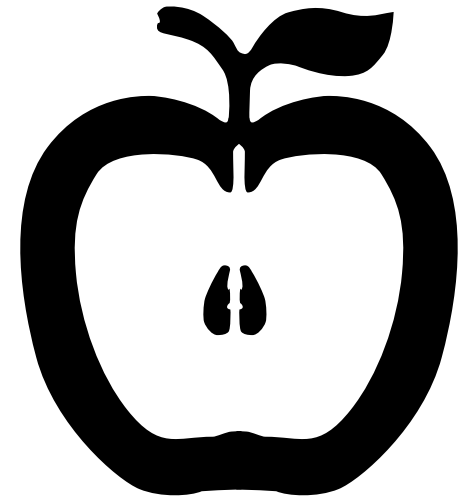
- DDNA
- IEP
- NAQ
- NFPA

## SUPPORTING ORGANIZATIONS

- ARC
- DSC
- HGH
- Unyeway
- TERI



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**SEEDS**  
Educational Services, Inc.

Self Esteem Education and  
Development in Sexuality

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